

Absorbent-C

Short Summary:

Food supplement supplying 100% of your RDA of vitamin C.

Long Summary:

Taking vitamin C daily has long been associated with good health, but the human body doesn't naturally store the vitamin meaning it must be consumed via food, drink and supplements. Forever's *Absorbent-C* is bonded with oat bran, a highly soluble fibre, for gradual absorption, and provides 100% of the UK's RDA of vitamin C.



CODE:

48

QUANTITY:

100 tablets

Suggested Use:

Chew one tablet three times daily.